

From: Michael Birnbaum <michael@islonline.org>
Sent: Sunday, March 28, 2021 1:59 PM
Subject: Living the Word this Week!

Dear Lenten Journey Partners,

Wonderful Palm Sunday celebration today -- great to see the sanctuary slowly filling up again!

The text was the first Gospel Lesson today: the John 12 version of the Triumphal Entry AND the second Gospel Lesson from Mark 15: 1-15: the condemnation of Jesus and sentencing to crucifixion. The familiar irony of the crowd welcoming Him then five days later crying out for His death 😞.

It's all about expectations gone awry -- right? We have lots of expectations but, remember, God has THE PLAN -- submit to Him and ask Him to lead you in HIS plan, not our expectations.

THIS WEEK:

Using the old A-C-T-S prayer guide.....

On Palm Monday (yes I made the at up. 😊..) Do only the "A" which is **Adoration** and praise part of prayer. See praise psalms attached. No requests.....

On Palm Tuesday Do only the "C" which is the **Confession** part of prayer, just open your heart to God and say your sorry for whatever is on your conscience or heart that is holding you back from closeness to God. No requests.

On Palm Wednesday: Do only the "T", the **Thanksgiving** part of prayer.

So what about the "S"? Supplication? Try only coming to God for **Adoration/praise, Confession, and Thanksgiving**, this Monday through Wednesday -- no asking God for all our usual pleas and requests. Sometimes those requests become expectations that then disappoint us because we are stuck on expectations and HE HAS THE PLAN! Call me if you'd like some coaching this week!

Below are some links/attachments, I promised. Don't forget Good Friday Service at College Park Baptist Church (7 pm) and don't forget to invite that friend or neighbor with your Easter Invitation you received today!

May the Lord bless and keep you all this Holy Week...

Pastor

"Twinkie link" : <https://www.youtube.com/watch?v=y9N8OXkN0Rk>
Praise Psalms attached

Rev. Michael W. Birnbaum