From: Michael Birnbaum <michael@islonline.org>

Sent: Tuesday, January 26, 2021 7:29 PM

Subject: Living Word Lutherans -- How's the Shopping Going !!? :)

Last Sunday we enjoyed hearing about a WONDERFUL "**shopping list" of blessings** we all need and want right now during these tough times. After hearing how simple (and unhealthy) my grocery shopping this was, we heard about God's promise of **HIS list** of BLESSINGS for us to "get" this week as we studied and talked about the First Lesson Philippians 2: 1-4.

- 1. **Pray** and reread Phil 2: 1-4.
- 2. **List and note the blessings** Paul offers the folks he's writing back in Philipi, while he is in jail in Rome.
- 3. Ask the Lord to help you focus and RECEIVE and SHARE one each day. If you don't "feel up to it", just **DO IT** (remember my Dollar General story? .)

S0000....

Monday: Ask for "participation in the Spirit". that means ask Him to FILL you with

the **Holy Spirit**Tuesday: **Comfort**Wednesday: **Love**Thursday: **Sympathy**Friday: **Affection**

Saturday: **Encouragement**

Sunday "**Be of one mind**" Especially because this Sunday is our Annual Meeting after church (**).

So there you go -- having received each of these blessings from God's shopping list for you this week SHARE them all with others -- everyday! **May the Lord bless keep and protect each and every one of you this week.**

Pastor

Rev. Michael W. Birnbaum